

Course title: Group Training 1	Credit number: 2
Type of lessons: seminar format	
Number of seminars: 2 hours per week	
Type of evaluation: qualified signature (regular attendance and active participation are required)	
Place in curriculum: 6th / spring term	
Course prerequisites: none	
Course description:	
Course content:	
<p>Discussing the rules of group work; creating an atmosphere of trust; giving active and supportive attention, providing positive emotional care, giving feedbacks; comprehending and analysing behaviour patterns in group situations and simulated pedagogical situations; practising facilitating communication; planning and setting goals and developing a positive vision of the future; closing and assessment of the activity.</p>	
Learning objectives:	
<p>By the end of the course students will gain experience in</p> <ul style="list-style-type: none"> • introducing themselves within the limits offered by the group, turning to their fellows openly and with interest, • giving feedbacks that are straight and tactful at the same time • relating to their fellows with empathy and without prejudice 	
Required and optional reading	
(The 3-5 most important required and optional pieces):	
Required reading:	
<ol style="list-style-type: none"> 1. Gordon, Thomas: <i>Teacher Effectiveness Training</i>. 1974. New York, P. H. Wyden. 2. Burch, Noel; Gordon, Thomas: <i>Good Relationships: What Makes Them, What Breaks Them</i>. 2000. 3. Discipline as Self-Control. https://prezi.com/atuhtzxbuhwu/discipline-as-self-control-thomas-gordon/ (retrieved 14 June, 2016) 	
Optional reading:	
<ol style="list-style-type: none"> 1. Berne, Eric: <i>Games People Play. The Psychology of Human Relationships</i>. 1968. London, Andre Deutch Ltd. 2. Berne, Eric: <i>What Do You Say After You Say Hello? The Psychology of Human Destiny</i>, 1975, UK, Corgi. 	
Course syllabus:	
Week 1 – Introduction to group work: drafting and adopting the common rules of group work, defining the common goals of the group	

Week 2 – Getting to know each other: introducing ourselves, creating an atmosphere of confidence and openness

Week 3 – Drafting straight opinions and feelings, self-communication

Week 4 – Biography overview: past and present

Week 5 – Exploring and discussing conflicts and issues that are features of the age (troubles of acquiring and undertaking the adult role)

Week 6 – Conflict resolution - situational games

Week 7 – Conflict resolution - situational games

Week 8 – Social effectiveness training in dramatic situations: improving verbal communication skills

Week 9 – Social effectiveness training in dramatic situations: improving non-verbal communication skills

Week 10 – Psychological immune competence

Week 11 – Co-operation, joint experience

Week 12 – Planning and setting goals and developing a positive vision of the future

Week 13 – Assessment of the activity, feedbacks: closing

Course instructor in charge: Ildikó Pinczésné Palásthy (PhD), college professor

Additional course instructor(s): Viktória Tamusné Molnár , lecturer